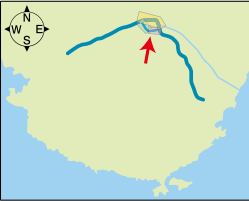


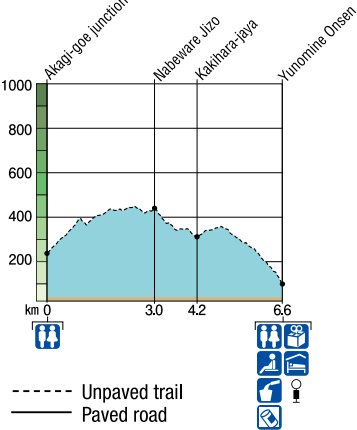
Hongu Area Walks



There are three sections of pilgrimage route in the Hongu area; the last section of the Nakahechi Main Route, Akagi-goe, and Dainichi-goe. The Hosshinmon-oji to Kumano Hongu Taisha is a popular highlight walk. By combining these three it is also possible to do a full day loop walk. This Hongu Loop walk is usually done in a clock-wise direction starting either in Yunomine Onsen or the Hongu townsite.

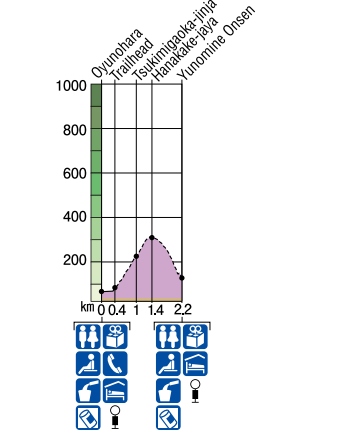
Akagi-goe 赤木越

Distance (km) : ~6.5
Time (hr) : 3~4
Total Elevation Gain (m) : ~460
Total Elevation Loss (m) : ~320



Dainichi-goe 大日越

Distance (km) : ~2
Time (hr) : 1~2
Total Elevation Gain (m) : ~250
Total Elevation Loss (m) : ~190



Hosshinmon-oji~Kumano Hongu Taisha

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Distance (km) : ~7.5
Time (hr) : 2~3

Total Elevation Gain (m) : ~190
Total Elevation Loss (m) : ~460

